

Better Living with Duchenne Muscular Dystrophy discussed at state symposium



COIMBATORE, JUL 3
 Understanding Duchenne Muscular Dystrophy is key to managing the disease said Dr. Feroz Khan Consultant in Physical Medicine and Rehabilitation, Mohnana Orthotics, Prosthetics and Rehabilitation Centre, Chennai and Chairman, Academic

Committee of IAPMR. Delivering key note address at the state level symposium on 'Integrated Model of Rehabilitation for Duchenne Muscular Dystrophy', organized by the Molecular Diagnostics, Counselling, Care & Research Centre (MDCRC) in association with

the Government of Tamil nadu, National health Mission, DPH and Indian Association of Physical Medicine and Rehabilitation, Dr. Feroz Khan, observed "In children with Duchenne muscular dystrophy, the muscles are not able to do what they are supposed to do. They know

how to move but cannot move," he said continuing, "that once we understand the problem, then it becomes relatively easy to manage the children". Dr. Feroz Khan further said that it is important to focus on improvement in function, with whatever the child afflicted with the condition can do.

In her welcome address, Dr. Lakshmi, founder, MDCRC said, the organisation's "Vision 2020"envisioned, "No Kid in Tamil Nadu with DMD should go unidentified."MDCRC solely focuses on making the life of the children better and its scope ranges from family support to lending its hand towards research which could converge towards the discovery of a cure for the condition. This was followed by a series of presentations including, Dr.K,Vijayan with an overview of DMD and its progression, Dr.Noorul

Amin on multi-disciplinary approach to DMD , Dr.Venkatdass on orthopedic care and its importance in DMD, Dr.Vani on pulmonary care and its importance in DMD ,Dr.S.Devaprasath on the importance of cardiac care in DMD, Dr.ShaliniH.Kumar spoke on the molecular and diagnostic data comparison in DMD, Mr. SurajManikandan highlighted the importance of pedigree and genetic counselling, Mr. Salih and Mrs.Sheeba Selvarani, spoke on the importance of physiotherapy and exercise for DMD, Mrs.Navaneetha Ravichandran spoke on functional evaluation using scales and OT for DMD , while Mrs.M.Preethika's presentation was on Psychosocial aspects in families with DMD.

A 'Train the Trainers' manual was also released on the occasion.